

## Islamic Spiritual Guidance as a Medium to Foster Motivation to Recover in Residents (Utilization of Information Technology as an Administrative Tool)

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### Abstract

The smuggling of illegal drugs or NARCOTICS is currently growing rapidly, especially with the level of supervision and guarding of trade routes that are not well monitored and running well, thus making the development of these illegal drugs uncontrollable. The media that are commonly used in Islamic spiritual guidance as a form of service provided to residents by the Sentra Satria Baturaden can be carried out individually or in groups. As with the current use of technology, using digital technology or the internet can make it easier and seem more effective and efficient, on the other hand, with the television provided by the Sentra, it can be used to provide studies in digital form. This research uses a descriptive qualitative method, which will discuss or examine the phenomenon or problem that will be discussed in more detail and detail. Utilization of addiction counseling analysis will also indirectly bring counselors closer to the main problems of resident drug users. The techniques used in this study were direct observation of residents and direct interviews. The purpose of this research is to utilize Islamic spiritual guidance media in fostering motivation to recover in methamphetamine-using residents.

**Keywords:** information technology as a medium for islamic spiritual guidance, motivation, methamphetamine

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## Introduction

Nowadays, the development and rotation of the wheels of life are growing and have no regularity in line with the norms and values that apply in society. This has been evident in the pattern of life carried out by generation Z children. In addition to the developmental factors of the times that occur among today's teenagers, according to observations in the field there are also internal factors that deviate from the individual himself, which ultimately causes deviation. This is based on the lack of promotion or education carried out to the community, thus increasing the trigger for the increase in drug abusers among the community. Therefore, there is a need for counseling related to reading culture, either with book media or with increasingly sophisticated and developing technology.

Technology contains various kinds of needs, needs in the form of a system that aims to provide safety, comfort, and convenience for the user. In another sense, technology is also understood as a form that contains the process of adding value to an item or product that already exists in the field, so that its utilization can be more effective and efficient (Hidayat, 2020). That way maximizing the use of technology can certainly help work and complete activities carried out by humans. Its utilization can also be applied to the treatment process for drug residents, which in this case can be in the form of communication tools and editorial sources of knowledge, so that it is hoped that they will be able to understand about their mistakes as drug users.

Islamic spiritual guidance media is a program or tool used in the implementation of Islamic spiritual guidance services that uphold Islamic values as sourced from the Qur'an and Hadith as the main guidelines in carrying out services (Damayanti et al., 2022). In terms of media utilization in this day and age, of course, it will not be far from the use of digital technology which has developed rapidly and can be used effectively and efficiently based on how to use it.

Motivation is defined as an encouragement given on the basis of helping someone change for the better. Similarly, motivation to heal is an effort made for the change or recovery of a sick person to be able to become a better person (Samara, 2022). In this case, recovery motivation is shown for resident methamphetamine users, where they need more encouragement to help make the resident realize the importance of changing for the better, and to bring up hope for life again in the resident's person.

Methamphetamine is one type of narcotics that is still a real threat in destroying the nation's childre (Salsiana, Munajah, 2020). In its original meaning, methamphetamine is also known as amphetamine which is defined as a dangerous pharmacological substance that can cause dependence in its users if there is no substitute drug available. However, methamphetamine or amphetamine is also known as utilized as medical treatment (Annisa, 2022). Of course, this can have both positive and negative impacts depending on how it is used.

With the number of smuggling of narcotics and other dangerous addictive substances into Indonesia, it certainly causes a dangerous crisis in terms of resilience both from social, educational, economic and various other things. The increasing number of shipments of prohibited goods to Indonesia can be seen based on data from year to year, the following data on narcotics smuggling cases from 2016 to the last year 2022 shows an increasing trend; 2016 (881 cases), 2017 (990 cases), 2018 (1,039 cases), 2019 (951 cases), 2020 (833 cases), 2021 (766 cases), and 2022 (831 cases). For 2022, the National Narcotics Agency (BNN) noted that from 831 cases, with a value of IDR 1.127 trillion, more than 1 ton of drugs of various types were seized. (Suhartanto, 2023).

Furthermore, based on the results of the investigation by the Directorate of Drug Crime of the National Police Criminal Investigation Unit, it is stated that the number of drug cases in Indonesia has increased quite high, from the original 127 cases with 233 suspects in 2021, increasing to 3,586 cases in 2022, for evidence that was successfully seized throughout 2022 with details of the types; 447.52 kilograms of methamphetamine, 133,895 ecstasy items, 57,313 tons of marijuana, and 2.86 kilograms of synthetic tobacco. With the data obtained above in both different sources, but has a harmony with the extraordinary level of drug crime that occurs in Indonesia as a strategic place for trade meetings conducted in ASEAN or international arena. The level of concern is enough to make special attention, especially in terms of trade that requires more thorough and stricter, so as to stop the

circulation of this illicit good.(Suhartanto, 2023).

In the use of methamphetamine or amphetamine, users often experience changes in feelings that are very difficult to guess, such as anxiety that results in difficulty sleeping on time, irritability or unstable emotions so that their outbursts are often out of place, and then the user often feels confused about what he is doing and will do or other things. In addition, methamphetamine users will experience withdrawal symptoms if they stop using the substance without a replacement drug (Annisa, 2022).

The background of this research is to find out how much desire from within the resident himself to recover from dependence on methamphetamine using media or technology for Islamic spiritual guidance. Therefore, it is hoped that the resident can have more motivation to recover as before.

## Method

In conducting this research using descriptive qualitative research methods. As for the understanding of qualitative methods, namely the approach that focuses on meaning, reasoning, definitions that aim to explain an event or phenomenon to be studied. (Rukin, 2019). In the descriptive qualitative method, it also requires identifying the problems that will be studied carefully and in detail.

The techniques used for extracting data in this study include:

1. Field observation

Observation or observation is a technique used to understand and detect

problems from residents in depth. (Silma Mumtahanah, 2022).

## 2. Resident Interview

This interview process is conducted directly to the resident, so that the information obtained will be more valid (Silma Mumtahanah, 2022).

## Result and Discussion

Based on the results of observations and interviews that have been conducted with residents, of course they will experience various procedures that are used as services for the satria baturaden center. This is intended for the next process, especially on the part of the officers so that they can prepare and know what needs the resident must receive. during the rehabilitation process. In addition, this service is also to assist officers in providing interventions for social service planning in accordance with the needs of residents, so that the effectiveness and efficiency of services can be maximized (Prastiwi, 2022).

Information technology used in the satria baturaden center is the use of the website [sentrasatria@kemensos.go.id](mailto:sentrasatria@kemensos.go.id). By using this website, the center staff can share information related to the services available at the Satria Baturaden Center, and can help facilitate the process of recording information related to beneficiaries.

### 1) Resident Biography

A (Initials) is a resident born in Banyumas, 24 years ago. He comes from Karanglo village, Cilongok sub-district, Banyumas. The resident is the biological child of A (father) and TF (mother) who

work as a bima cement driver and the mother works as a saleswoman. The resident completed his vocational high school education in 2015/2016. In carrying out his education process, the resident experienced many obstacles due to his dependence on drugs that he had routinely used since he was in junior high school. Therefore, the resident had to graduate with conditions. In carrying out his education process, the resident also had to change schools 3 times, due to the demands of the situation which required him to go through the treatment process.

### 2) Case

The case or problem concerning the resident is the abuse of drugs starting from cigarettes, then alcohol and drugs in the period 2015 to 2019. As a result of this use, the resident behaves poorly such as: often having problems with the family regarding finances, often being alone, staying up at night, and living irregularly, lying and even stealing (still limited to the house) to meet his drug needs.

### 3) Resident's process of entering the center

Residents began to enter as PMs at Sentra Satria Baturaden on Monday, June 12, 2023 and began their rehabilitation program on Monday, June 19, 2023.

### 4) Resident Rehabilitation Process

The program carried out by residents at Sentra Satria Baturaden will be carried out for a maximum of 4 months, and in the initial 2 months residents will be given the opportunity to practice entrepreneurship at SKA. The recovery is

also related to drug recovery and improving the social, physical, and mental/psychological functioning of the resident.

The following service programs are provided to PMs, including; Individual counseling conducted by both counselors, extension workers, social workers, and psychologists, including; facility rules, gamabran of activities during the rehab program, the role of children in the family, the importance of work, relationships in the family, good relationships, the role of residents in the facility organization, the purpose of learning for residents, sharing feelings, and WHOQOL. Psychosocial therapy which includes the following programs; morning meeting, morning briefing, P.A.G.E, daily evaluation, weekly evaluation, seminars, discussions, group dynamics, art therapy, material from the police, material from the military, resident meeting, sharing circle, general meeting, SNA, ESQ, vocational, recreational activities, and targets of change. It should be understood that the provision of seminar programs for residents is increased by reducing vocational activities, which are carried out on Wednesdays and Thursdays by taking the morning time.

#### 5) The End Goal of Rehabilitation for Residents

Given the importance of the rehabilitation process carried out by residents, of course, it has the ultimate goal of recovery from within the resident from drug abuse.

#### 6) Resident Condition

First, the resident's health condition was 57 kg at the time of arrival. The

resident's health is generally good. The results of the BRSKP urine test were negative

(Source of health workers), while the results of the BNN Banyumas test on December 8 were positive for polymer and alcohol. Based on the resident's own words, there are no drug and food allergies. His bad habits at home are rarely bathing, this is based on information from the resident's family. From an overall physical point of view, the resident does not wear tattoos on his body. Secondly Psychological/Mental, the mental or psychological condition is quite there are some problems, among others, lack of discipline in carrying out the 5-time prayer service. Sometimes lack of self-confidence. Residents often get angry if their requests are not fulfilled or fulfilled. A new psychological problem that began to emerge was related to his worries in preparing for school exams. During the program, the implementation of the 5-time prayer service in the rehabilitation center went well. Third social, the patient's social behavior is quite polite, even though he tends to be more silent when he first arrives at Sentra Satria Baturaden. Relationships with his family are less warm, even rarely seen greeting. He often went out even when at home, but never hung out until the morning. He almost never helps his parents with their homework or chores, and even seems ignorant. On the social side, the resident socializes a lot with friends his age who are outside the village where he lives.

#### 7) Resident Achievements

After undergoing a service program at Sentra Satria Baturaden, residents are better able to manage their 5 daily prayers and are calmer in doing so

## Conclusion

In providing counseling services for residents or PM as victims of drug abuse, of course, it must also adapt to the needs of the residents themselves. It is intended that the implementation of the rehabilitation program can run well, so that the planned goals can be more easily achieved. In addition, the rehabilitation process using Islamic spiritual guidance media also aims to help residents return to the path of goodness which includes the religious, social side.

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