



Rehabilitation Interventions and Application of Information Technology to Improve Social Functioning

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Abstract

Drug abuse among adolescents is a serious problem that requires an effective social rehabilitation approach in line with the goal of rehabilitation, which is to improve social functioning. In an effort to increase the effectiveness of social rehabilitation, researchers have integrated technology into interventions to help adolescent victims of drug abuse. This research examines rehabilitation interventions and the application of information technology to improve social functioning at the "Satria" Center in Baturraden. In this study, a qualitative approach was used in the form of interviews, observation, and documentation. This research introduces an innovative intervention and the application of information technology in improving social functioning, one of which is a public service called SABA PIE (Information and Education Center) Drugs. This service helps the resident identification process and facilitates appropriate interventions, SABA PIE provides education and raises awareness of the dangers of narcotics. The results of this study provide insight into the role of technology in improving the social functioning of adolescent victims of drug abuse. This article contributes to the development of knowledge about counseling and social rehabilitation, particularly in overcoming drug abuse among adolescents. It is hoped that these findings will help overcome the problem of drug abuse and improve the quality of life of adolescent victims of drug abuse.

Keywords: intervention; rehabilitation; technolog

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Introduction

Drug abuse among adolescents is one of the most worrying and complex social problems. The negative effects of drug abuse not only affect individual users, but also affect the surrounding environment and society in general. Goddess, W. P (2019) states that in various countries, including Indonesia, narcotics and illegal drugs are regulated by special laws that aim to control, prohibit, and regulate the use, circulation, and production of these substances. This law is regulated by Law No. 35 of 2009 concerning Narcotics.

The broad negative impact of this phenomenon includes aspects of physical and mental health, education, social relations, to family stability. In the midst of technological developments and easier access to information, adolescents are becoming more vulnerable to the temptation of drug use, which can harm their future. Efforts to overcome this problem need to be carried out through various effective approaches and interventions, including social rehabilitation in rehabilitation centers.

Rehabilitation is a process or effort to help individuals or groups who experience physical, mental, or social disorders to return to functioning normally or better. The purpose of rehabilitation is to improve their quality of life and independence and reduce the negative impact of the disorder experienced, Sayogo, D. S. (2019). Rehabilitation is an important process in the improvement and restoration of physical, mental, and social functions of individuals

who experience certain injuries, diseases, or disorders.

One of the rehabilitation centers that attracts attention in an effort to overcome drug abuse is the Satria Baturraden Center under the UPT Ministry of Social Affairs. The center has a holistic rehabilitation approach, which includes empowerment and counseling as an integral part of the rehabilitation process of adolescent victims of drug abuse.

In recent years, technological advances have contributed greatly in improving the accuracy and effectiveness of rehabilitation processes. The implementation of the right technology in the rehabilitation process can help improve therapy outcomes, speed recovery, and provide more personalized and targeted solutions for each individual. Several studies support that the implementation of technology in rehabilitation has improved the efficiency and accuracy of providing care. Studies by Smith et al. (2020) show that the use of augmented reality in physical therapy helps increase patient participation and speed up their recovery after spinal cord injury. In addition, research by Johnson et al. (2019) states that the use of robotics in stroke rehabilitation helps improve motor function and facilitates more structured and measurable movements.

The goal of social rehabilitation is to restore and improve social functioning. Social functioning is an individual's ability to function effectively and in a balanced manner in interacting with others and their environment. These include the ability to participate in social activities, build healthy

and mutually supportive relationships, and adapt to social norms and values.

Social functioning has an important role in the psychological and emotional well-being of individuals. If a person has good social functioning, they tend to feel happier, experience lower stress levels, and are better able to cope with the challenges of daily life. Conversely, difficulties in social functioning can lead to social isolation, loneliness, and mental health problems. Therefore, supporting and improving the social functioning of individuals is an important aspect of the rehabilitation process, including when addressing the problem of drug abuse.

In an era that is excited by advances in information and communication technology that occur today, we cannot ignore the role and impact of technology in various aspects of life, including in the field of counseling and rehabilitation. The use of technology in social rehabilitation interventions offers a wide array of potential and benefits. By combining technology with innovative approaches, the "Satria" Center in Baturraden strives to improve social functioning for adolescent victims of drug abuse. The problem of drug abuse among adolescents is a serious issue and must be treated with the right attention and approach.

In this context, counseling plays an important role in helping adolescents to overcome the problem of drug abuse, identify the root of the problem, and develop the skills necessary to lead a healthy and productive life. Counseling is a professional process undertaken by a counselor to assist

individuals, groups, or couples in overcoming a variety of personal, emotional, social, or psychological issues. The goal of counseling is to help clients to improve their quality of life, overcome difficulties, and develop their potential optimally. Corey, G. (2017).

In the context of counseling, what is used in this study is reality counseling. William Glasser proposed the concept of reality counseling as an approach that focuses on understanding the reality of individuals and taking responsibility for their actions. He believed that many psychological problems stem from the mismatch between desires and reality faced by individuals. According to Yamin, M. (2023).

Reality counseling can be a useful approach in helping individuals experiencing drug and substance abuse (NAPZA) problems. This approach can help individuals deal with the reality of drug use and its negative effects and so help them take responsibility for their actions and decisions, and make positive changes in their lives. Reality counseling not only helps individuals to stop using drugs, but also helps them address the root of the problem and develop healthier adjustment skills in their lives. Setiarini et al (2022) stated that reality counseling can also help clients to identify sources of support and assist them in the Long-term recovery process.

At Satria Baturraden Center, the application of technology in the social rehabilitation process is an interesting thing to explore further through research. The use of technology can penetrate various aspects of counseling services, such as therapeutic

approaches, monitoring and evaluating client development, and providing support and relevant information for adolescent victims of drug abuse. The technology available in the Center is useful for various things such as: mobile applications that facilitate public access to social programs, as well as providing information about available services and assistance and to facilitate interaction with officers or social workers. There is also SABA PIE which is a public service provided by the "Satria" Center in Baturraden which provides integrated social rehabilitation services. The purpose of this service is to make it easier for the public to access information and education about drugs (Narcotics, Psychotropics, and Addictive Substances).

In this context, this scientific article aims to investigate and analyze the relationship between technology and the application of counseling and its role in improving social functioning in the "Satria" Center in Baturraden. In the face of the complex challenges of drug abuse, understanding the benefits of using technology in social rehabilitation interventions is crucial.

Method

This research utilizes qualitative methods that combine the process of observation and interview. The purpose of using a qualitative approach by combining observation and interviews is to gain a deep understanding of the phenomenon under study, namely Rehabilitation Intervention and Application of Information Technology

to Improve Social Functioning at the "Satria" Center in Baturraden.

1. Observation is one of the research techniques by collecting data by observing directly the behavior that occurs. interactions, or events that occur in the subject of research, without interference or influence from the researcher. (Harahap et al :2022) The observation was carried out directly at the "Satria" Center in Baturraden. Researchers observed a social rehabilitation process involving the application of technology in counseling. Observations include interactions between staff, social workers, counselors and adolescent victims of drug abuse, as well as the use of technology in various stages of counseling sessions
2. Interviews were conducted with several related parties, including counselors, static, adolescent victims of drug abuse, and staff of the Satria Baturraden Center related to the implementation of technology in social rehabilitation. Interviews are an invaluable source of information in understanding individual experiences, views, and perceptions related to the effectiveness of technology-based interventions.
3. Data Analysis

Data from observations and interviews were analyzed using counseling theory as a frame of reference to understand the results of the study. This counseling uses an addiction and reality counseling approach. The addiction counseling approach focuses on understanding the mechanisms and factors that influence the occurrence and continuation of drug abuse. While the reality counseling approach emphasizes efforts to

help clients to understand the existing reality and take responsibility for self-change.

Through qualitative analysis, data is organized, classified, and interpreted to identify interesting patterns and findings, as well as challenges and opportunities related to the use of technology in counseling at the Satria Baturraden Center. Reality counseling and Islamic spiritual guidance will be used as a theoretical framework to link the research results to a more general scope and provide a deeper understanding.

Result and Discussion

This research was conducted at Sentra "Satria" Baturraden, a technical implementation unit (UPT) under the auspices of the Ministry of Social Affairs (Kemensos). located in Banyumas Regency, Central Java, in 2023. In that year, the multi-service program was still a priority at the location. This program is in accordance with the provisions contained in the applicable regulations of the Minister of Social Affairs Regulation (Permensos) Number 7 of 2021 which has been amended by the Minister of Social Affairs Regulation Number 7 of 2022. The Multiservice Program at Sentra Satria Baturraden includes services for several clusters, namely children, the elderly, disabilities, rehabilitation, victims of abuse of psychotropic narcotics and other addictive substances (drugs), as well as disaster clusters.

The service mechanism at the Baturraden "Satria" Center began by receiving complaints from the community,

NGOs, Social Organizations (CSOs), and local Social Services. After that, the team will conduct outreach for client selection and identification, as well as conduct an assessment stage to understand client problems and needs. After the assessment phase is complete, the team will hold a case conference to determine whether the client meets the requirements to receive services at the orphanage or not. If he/she qualifies, the placement process will be carried out in the designated guesthouse, and services will be provided to the client. However, in the final stage, namely the Termination stage, the client can reach the end of the service process for various reasons, such as passing away or the Client does not want to receive services anymore and wants to return to his family. The overall turnaround time of this process is planned for 30 Business Days.

The "Satria" center in Baturraden focuses on addressing social problems, community empowerment, social protection, and poverty alleviation. The services provided are very diverse including counseling, social mentoring, training and empowerment programs, social rehabilitation, and the establishment of social service centers. Counseling will provide guidance and support to individuals or groups experiencing psychological or emotional distress. Social assistance is intended to provide assistance to individuals or groups who experience social difficulties., including victims of natural disasters, abandoned children, or victims of violence. Training and empowerment programs are designed to improve the social, economic, and psychological skills of people in need.

Meanwhile, social rehabilitation offers services for individuals experiencing social problems, such as street children, drug addicts, or homeless people. Social service centers become service centers that provide various social services for people who need help. Here is one of the services at Sentra "Satria" Baturraden

1. Application of information technology in Center "Satria" Baturraden"

In the Center "Satria" develops various creative and innovative programs, among others, namely SABA PIE (Atensi Satria Baturraden, Center for Information and Education of Drugs) which has been operating since November 2, 2019. This service is integrated into a social service system that aims to provide access to education and information related to narcotics, psychotropics, and other addictive substances (NAPZA). PIE NAPZA is a web-based digital service developed by the "satria" center in Baturraden, which combines rehabilitation and prevention efforts for drug abuse. There are various sub services provided, one of which is:

- a GARAGE (Information Gallery) : Here displays information visualization in the form of pictures, posters, addiction trees and so on that aims to provide insight to visitors about drugs.
- b Mini theatre room Dprovides digital content and props to deliver education about drugs. Other facilities are the replica room and kid's zone.
- c The replica room is an educational room to introduce various kinds of medicines.

- d Kid's zone is a playroom for children so that they are comfortable when their parents conduct counseling sessions.
- e Kedai Kopie: Serves as an aftercare activity for former beneficiaries.
- f LAPIS (Psychosocial Therapy Services) This room provides psychological testing facilities that give visitors the opportunity to undergo simple psychological tests for free, so that they can understand their psychological health condition in general. In addition, the services offered also include outpatient rehabilitation support for victims of drug abuse. A team of social workers, psychologists, and nurses on duty will accompany individuals and their families in counseling sessions To deal with their problems, they are given in a way that is specific and appropriate to the individual needs of each situation.
- g PIEN Access: Center for drug information and education that can be accessed through websites, Instagram, Twitter, Facebook and other digital platforms.
- h POCADI (Digital Reading Corner): Digital reading corner is a space or area provided in SaBa PIE, with the aim of providing easy access to reading materials through digital technology devices. The room is equipped with a computer, or e-reader that is connected to the internet or has a collection of e-books, electronic journals, and other digital resources.
- i Attention Creation Center (SKA): Aftercare for para penerima benefits, here there are angkringan, barbershop,

screen printing services, live music and others.

- j CARE (Rehabilitation and Education Car) is part of the Mobile Social Service Unit that provides educational media, information, health checks and consultations for People with Social Welfare Problems.

The services and programs here are very useful such as PIE NAPZA technology can provide accurate and interesting information about the dangers and effects of narcotics to the general public and adolescent victims of drug abuse. This can increase their understanding and awareness of the negative consequences of drug abuse, which in turn can affect their motivation to change and make positive changes in life.

Then the use of technology in SKA also has an important role in helping adolescent victims of drug abuse to achieve independence. By providing skills training and creative opportunities, technology at SKA helps increase self-confidence and increase the potential of residents to contribute to society after going through the rehabilitation process.

2. Social Rehabilitation Interventions

In the context of counseling problems, technology is an effective tool in facilitating appropriate counseling interventions and helping adolescent victims of drug abuse to better achieve social rehabilitation goals.

The application of technology at the Satria Baturraden Center can help overcome counseling problems faced by adolescent victims of drug abuse. Through technology, the Center can identify and understand the

situation and condition of each resident more efficiently, including FAS cases that have complex family backgrounds.

In this context, the research subject is one of the adolescents as a beneficiary of drug clearers, who are undergoing a process of social rehabilitation. Social rehabilitation of victims of drug abuse is an effort to support individuals who experience problems of drug abuse and other addictive substances so that they can return to function optimally in society. In overcoming its negative impacts and achieving a healthy and productive social recovery. Social rehabilitation for victims of drugs (narcotics and dangerous drugs) requires an innovative, holistic approach. Drug problems have a serious impact on the physical, psychological, and social of individuals and society. Therefore, diverse and innovative efforts are needed to help drug victims in the recovery process in order to reintegrate into society properly.

In the process of social rehabilitation, there are program services, one of which is counseling, at the "Satria" Baturraden Center, there are several cases, one of which is problems faced by adolescent victims of drug abuse, such as the case of FAS. FAS is an orphaned teenager with a disharmonious family background. He lost his parents and lived with an older brother who could not supervise him properly, which caused FAS to be trapped in a bad lifestyle and prone to falling into drug abuse.

We collect data about the counseling process, as shown in Table 1.

Table 1. Data gathered form observation

RESIDENT DETAILS	
Biography	The 18-year-old FAS is the youngest of seven children. Both FAS parents have passed away, currently his daily life only lives with his two brothers who are both not married,
Case Study	Previously, FAS had worked at a Padang restaurant in one of the Purwokerto areas for 6 (six) months and left after Eid al-Fitr in 2021. Last worked as a car wash worker in the Purwokerto Station area near Ananda Hospital until before being caught for being involved in a brawl case. History of the use of Addictive Substances began with smoking which began from being invited and given by friends, until now it has become a routine smoking every day with an average amount of 1 (one) pack per day. For the use of other substances, namely liquor (red wine, Ciu, Arak), Tramadol and Alphrazolam, Trihex, Mushrooms etc., the incident that caused FAS to enter the Satria Center in Baturraden was due to a brawl between motorcycle gangs that occurred on January 8, 2023. FAS at the time of the incident carried or swung 1 (one) golden yellow Clurit with a wooden handle towards the opponent and dragged onto the asphalt, then there were several residents around out of the house so that they dispersed themselves and then FAS returned home. Furthermore, based on citizen complaints regarding the occurrence of brawls, the police were swift and made arrests against FAS, as well as legal proceedings and obtaining a decision to undergo Social Rehabilitation at the Satria Center in BaturradenThe decision to undergo Rehabilitation at the Baturraden Knight Center until August 8, 2023.
Central entrance	FAS conducts non-normative or deviant behavior, namely consuming alcohol, joining one of the gangs in its area. Come to the "Satria di Baturraden" Center by referral based on the District Court Decision Implementation Warrant from the Banyumas Prosecutor's Office on February 16, 2023.
Rehabilitation process	Rehabilitation process Initially came to the Center on February 23, 2023 and went through various stages of assessment and Screening, then through the observation stage in the observation room, conducting a Drug Psychoeducation Session, then proceeding to the social rehabilitation service program.
	Termination Thehealth division at Satria Center is under the auspices of the Ministry of Social Affairs. At Sentra Satria, the health department

Conection between divisions	is in charge of providing health services to clients who receive social rehabilitation. These health services include medical check-ups, medical treatment, therapy, and mentoring to ensure clients' physical and mental health remains good during the social rehabilitation process.
Intervention	<ul style="list-style-type: none"> - Conduct Individual counseling - Providing reinforcement through the reality approach by William Glasser, - Providing psychosocial services - Channeling residents to the Job Training Center in Banyumas.

a Individual Counseling Intervention

Counseling interventions provided to adolescents such as FAS need to address the basic problems behind drug abuse. One of the main treatments carried out is individual counseling, individual counseling therapy is a very effective method in helping victims of drug abuse in rehabilitation centers. The application is applied to FAS which is purposeful and important in the recovery process. The counseling process is carried out regularly and confidentially to create a safe and supportive environment for the victim.

Counseling is done using reality counseling, Reality counseling is one of the therapeutic approaches that focuses on the client's experience and understanding of the reality of life. The initial stage carried out is to conduct an initial assessment, screening and assessment of FAS to understand his health condition holistically and the history of drug abuse. In individual counseling sessions, Counselors focus on several important aspects:

- a Personal Approach: The first step in implementing reality counseling is to approach the client positively and empathetically. In counseling sessions, he or she should feel heard, understood, and supported in their efforts to overcome the problem of drug abuse.
- b Goal Setting: Counselors help FAS to set short-term and long-term goals in the recovery process. His short-term goals include avoiding his environment and friends involved in drug abuse by undergoing social rehabilitation, while his long-term goal is to achieve a drug-free life and improve his quality of life. An understanding of these issues helps counselors and teens focus on the current realities of life and understand the negative consequences of drug abuse behavior.
- c Identify problems: Introduce coping strategies and triggers that can lead to drug use, such as environmental problems or interpersonal problems such as family problems, peer pressure, or mental disorders. Counselors teach

FAS through Islamic spiritual guidance and stress management strategies and adaptive ways to overcome temptations, such as, worship, meditation and exercise.

- d Overcoming Emotional Problems: FAS gets along with a bad environment and FAS has less stable emotions and that is often a trigger for drug abuse. Counselors help FAS recognize and cope with negative emotions through open talk. In addition, counselors help him or her develop healthy coping skills and strategies to cope with stress, pressure, or triggering situations that might cause them to revert to drug abuse behaviors. In the counseling process, counselors and FAS also formulate realistic and implementable change plans to reduce or avoid situations related to drug abuse.
- e Motivation Reinforcement: Counselors constantly reinforce FAS motivation to stop using drugs and remind them of the benefits of living a healthy, drug-free life. Social support is also an important component in counseling with adolescent victims of drug abuse. Counselors help FAS build or strengthen positive social support networks, such as family, friends, or support groups. During the counseling session, the counselor and client periodically evaluate and monitor progress and progress in overcoming the problem of drug abuse. This evaluation has an important role in ensuring that the approach taken is in accordance with the needs and changes experienced by the client.

b. Psychosocial Therapy Service Intervention

At the "Satria" Center in Baturraden provide programs and services to help individuals experiencing mental health problems, addictions, or other psychological disorders. Psychosocial therapy is one of the important components of this rehabilitation program. problems, addictions, or other psychological disorders. Psychosocial therapy is one of the important components of this rehabilitation program. Psychosocial therapy is a therapeutic approach that focuses on the psychological and social aspects of individuals. The goal is to help individuals overcome emotional, cognitive, and social problems that may be contributing to their mental health problems or addictions. Citra, A.T. 2020). Professionals such as psychologists, counselors, social workers, or other therapists who practice in this field carry out psychosocial therapy. (Andriani, N.I.M.2022).

Psychosocial therapy involves a variety of approaches, such as individual counseling, group therapy, family therapy, or activity-based therapy. Comprehensive psychosocial support helps individuals develop the strategies and skills necessary to face daily challenges, build healthy social relationships, and achieve sustainable recovery.

Table 2. Psychosocial Therapy Activities

NO	Psychosocial Therapy Activities	NO	Psychosocial Therapy Activities
1.	Morning Meeting and Morning Briefing	8.	Group Dynamics
2.	Recreative Activities	9.	Art Therapy
3.	P.A.G.E	10.	Sharing Circle
4.	Daily Evaluation	11.	General Meeting
5.	Weekly Evaluation	12.	SNA (Saturday Night Activity)
6.	Seminar	13.	Vocatioal
7.	Discussion	14.	ESQ (Psychology)

Based on the results of the study, it can be concluded that psychosocial service intervention programs have a positive impact on clients. This is in accordance with the principles of psychosocial therapy that aims to support individuals in overcoming emotional, mental, and social problems that impact on their well-being. This includes self-understanding, managing stress, improving emotional well-being, improving social relationships, and achieving recovery from mental health disorders. Psychosocial therapy works to improve the quality of life of clients through a variety of therapeutic techniques and approaches.

To support recovery and prevent relapse after rehabilitation from drug abuse, a comprehensive and sustainable approach is needed. Some important aspects that can help in recovery and prevent recurrence are:

a) Supporting Aspects of Recovery

- Social Support: Support from family, friends, and recovery groups means a lot. They can provide emotional support,

motivation, and assistance in dealing with daily challenges.

- Therapy and Counseling: Continuing therapy and counseling after rehabilitation helps individuals cope with stress, psychological problems, and mental health disorders that may recur.
 - Stress Management: Learning stress management skills helps cope with triggering situations that can lead to relapse.
 - Healthy Activity: Engaging in positive physical activity, art, sports, or hobbies can help distract from drug temptations and improve overall well-being.
 - Good Repatriation Plan: Having a good repatriation plan after rehabilitation, including support upon returning to society, helps individuals adapt to daily life without drug dependence.
- b) Aspects of Recurrence Prevalence
- Can Identify Triggers: Identify triggering factors that cause drug abuse and avoid or address them effectively.
 - Relapse Prevention Program: Engaging in a specific relapse prevention program

helps individuals recognize the early signs of relapse and take appropriate preventive measures.

- Long-Term Support: Long-term support, whether from family, recovery groups, or professionals, plays an important role in maintaining motivation and support after rehabilitation.
- Avoiding Risk Environments: Avoiding situations or environments that can re-trigger drug use is a key step in preventing relapse.

Keep in mind that recurrence prevention is a complex process and each individual may face unique challenges. Therefore, an approach tailored to each individual's needs is critical to achieving success in long-term recovery.

Conclusion

This study examines the Rehabilitation Intervention and Application of Information Technology to Improve Social Functioning in the Satria Baturraden Center under the UPT of the Ministry of Social Affairs. The results of the study and analysis showed several important conclusions:

The technology applied at the Satria Baturraden Center, one of which is the Education Information Center (SABA PIE) about the dangers of narcotics, and the Attention Creation Center (SKA) contributes significantly to the social rehabilitation process of adolescent victims of drug abuse. The use of technology helps improve efficiency, social functioning and the positive impact of rehabilitation

interventions. Some adolescent victims of drug abuse face complex problems such as poor environmental background and lack of knowledge related to the negative effects of drugs. Counseling interventions through reality counseling are relevant approaches to help overcome basic problems and develop self-awareness.

The use of technology, such as addiction and reality counseling approaches, serves as an effective tool in facilitating appropriate counseling interventions. SABA PIE technology raises youth awareness about the dangers of narcotics, while SKA helps strengthen self-awareness and empower adolescents through skills training.

The results of this study have positive implications in efforts to improve social functioning for adolescent victims of drug abuse at the Satria Baturraden Center. The application of technology and a holistic and innovative counseling approach can help adolescents to create a better future and avoid relapse into drug abuse. In improving the effectiveness of social rehabilitation, Satria Baturraden Center can further optimize the use of technology in the counseling and rehabilitation process. In addition, coaching and strengthening self-awareness needs to be continuously strengthened through the application of a more targeted addiction and reality counseling approach. This recommendation is expected to help overcome the problem of drug abuse among adolescents more effectively and sustainably.

Therefore, this research makes a meaningful contribution in improving understanding of the application of

information technology and successful counseling approaches. in improving social functioning for adolescent victims of drug abuse at the Satria Baturraden Center. It is hoped that the results of this study will make a positive contribution in efforts to fight drug abuse and improve the quality of life of adolescent victims of drug abuse.

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