

## **THE CONCEPTS OF FAMILY EDUCATION IN YOU TUBE CONTENT DR. AISAH DAHLAN, CH,t**

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**Abstrak :** Family education is the main and first piercing that the child gets in the family environment. The family is the smallest group among the people. The purpose of this study is to recognize the concept of family education, the correct application of love language, and the benefits of love language in a family. This research is included in parenting education research because it contains materials aimed at parents or adults, but it is possible that this material will also apply and be useful for adolescents. In this study, researchers used qualitative descriptive data analysis techniques and document studies with content analysis from the content and comment columns of Youtube accounts of Dr. Aisah Dahlan lovers. Miles Huberman's model with data reduction techniques, data presentation, and drawing conclusions is a research model used by researchers. The results of this study are (1) faithful and civilized families. (2) the battery of love is the storehouse of one's love, and one's sense of security. (3) In applying the language of love to the person we care about, it is necessary to know the dominant type of love language inherent in the loved one. (4) effective and good communication (5) By applying the concept of love language will create harmony in the family, because each member is able to meet the psychological needs needed in the right way, this will minimize misunderstandings in the family. For the next study, it is hoped that there will be research on the differences in the brains of women with men or the way women and men communicate.

**Keywords:** Dr. Aisah Dahlan, family education.

### **INTRODUCTION**

Humans are the perfect creatures for the abundance of advantages that have been given by the Creator with His power. Allah SWT. is a perfect substance, thus Allah created all creatures perfectly. In the context of the word perfect, humans are created perfect with a mind and heart. That way humans can animate, contemplate, and think to feel and see that perfection. Reason is the cause whereby humans are able to distinguish between good and bad, truth and error, darkness and light, understand and analyze many things such as natural events and events in the surrounding environment. The Big Indonesian Dictionary (KBBI)

defines reason as a tool in thinking, thinking, memory, and endeavor (Sarwono, 2018). Humans are born or come into the world in a state of ignorance. In the eyes of Islam, humans who are born into the world have an obligation to learn, seek knowledge, and expand knowledge. The professor from the city of Parepare once explained the words of the Prophet Muhammad regarding the importance of learning and seeking knowledge. The sound of the words of the Prophet which means; "Learn, a human being who is born in a state of knowledge, is not clever, and is not the same as the owner of knowledge with people without knowledge".

From the statement above, it is clear that Islam is very concerned about its followers so that they become seekers of knowledge and require education. Because education is something that is very important as a complement to human needs to live a good life for life in the world and in the hereafter. In addition, education is one of the basic human rights. The right to education is also written in the 1945 Constitution of the Republic of Indonesia article 31 which reads; (1) every citizen has the right to education, (2) every country is obliged to attend basic education and the government is obliged to finance it (Utami, 2021). With this article, education as a human right can be understood that every human being has the right to education.

Examining from a sociological point of view (Rustina, 2014) the family is the smallest group in society which does not consist of husband and wife and children, in addition to husband and wife who have become father and mother the family also consists of children born from a husband and wife relationship. In a legal review, the family is seen from the existence of a bond between two human figures of different types, men and women who are not muhrim, who are united in a legal marriage bond in accordance with religious guidelines. Family is the first educational environment for children. Thus the family has an important role in education. In the first years of early childhood life is a very important and critical period in education. From the family, children acquire knowledge thanks to the influence of other family members. However, it is very unfortunate because many parents do not realize how important their role is as the first educational institution for their children.

The phenomenon of letting children play on mobile phones without guidance, supervision or learning with babysitters, and the little time that involves parents and children greatly influences the development of children's behavior from time to time (Titania). This is one of the causes of disharmony between children and their parents. In fact, apart from functioning as a shelter for children, the family is also the basic education for children to recognize religious, moral and social values.

Family education is the only institution capable of creating high-quality human resources, because education in the family is used as a place to shape children's character, thinking patterns, and develop skills in applying knowledge as well as children's character. Building closeness and making a home full of harmony with the baby is an inevitability that should not be replaced by anyone other than the child's own parents. In the Dr. Lovers youtube account. Aisah Dahlan presents a lot of educational content ranging from education on worship, health of the body and organs, how to manage emotions, and also the science of parenting by introducing the concept of family education that is *sakinah, mawadah, warahmah* with the theory of the language of love and the theory of the battery of love.

## **RESEARCH METHOD**

The research method is related to the process used in the technique of collecting data, analyzing data, to verifying the findings. This series of activities must be carried out objectively by complying with the rules (Kurniawan, 2022). Endraswara, defines the research method as basically the method chosen and used by the researcher by considering the nature

of literature as the subject, form, and content of the study. Qualitative method is the type of method used in this study, using descriptive qualitative data analysis techniques and document studies with content analysis, which is a research that produces several findings that cannot be obtained by means of quantification or statistical procedures. Qualitative descriptive research is the research used in this research. The nature of this descriptive research has the aim of systematically describing problems, facts, circumstances, attitudes, opinions, factual and careful procedures, and conditions. Data collection techniques used the method of documentation study, content review, then data analysis.

## RESULT AND ANALYSIS

The concept of family education on you tube content lovers Dr. According to Aisah Dahlan, the concept according to the Big Indonesian Dictionary (KBBI) is a concrete event which is then abstracted in terms of meaning, process or anything that is outside language, which is used by the mind to understand other things. Its use is linked in every statement described by Dr. Aisah Dahlan in expressing her thoughts and views. Education in terms is an effort made by people who are *mature* and able to become figures who guide early childhood and lead all the spiritual and physical growth and development of more mature (adult) children (Setiawan, 2020). Education in English comes from the word "education", while in Arabic it comes from the words *at-ta'lim*, *at-ta'dib*, also *at-tarbiyah*. (Setiawan, 2020). Each of these words has a meaning or meaning in education.

From Ahmad Tafsir (in Setiawan, 2020) understands that education is a personal development in all its aspects. Personal development itself means everything that includes education from oneself to oneself, education from the environment for the environment, and education from other people for others (scientists/teachers) by fulfilling their physical and spiritual aspects. So education is a real effort in developing oneself in achieving various knowledge, material and theory while maintaining a balance of needs between one's physical and spiritual needs as a form of self-maturity.

According to Zakia Daradjat (Wahyu, 2012) parents are the main and first educators for their children (father and mother), because since the womb the child first receives education from both parents. So the initial form of an education occurs, is carried out, and is only found in family life so that it can be said to be family education. Meanwhile, according to experts, such as Mansur's view (in Syahrani Jailani, 2014) family education is the process of imparting values to the growth and development of children as a provision for further education. Referring to several opinions regarding family education, it can be concluded that in fact family education is the basis for the education of the baby to further education, where the results of the education that children receive from the family determine the next child's education, be it formal or informal educational institutions.

Building closeness and making a home full of harmony with the baby is a necessity that should not be replaced by anyone other than the child's own parents. In terms of ecosystem elements, the family is the closest ecosystem to children who have many opportunities to interact and communicate with children. In the Dr. Lovers youtube account. Aisah Dahlan broadcasts a lot of educational content ranging from education in worship, health of the body and organs, how to manage emotions, and also parenting by introducing the concept of the language of love and the battery theory of love.

Basically the relationship between family and education is one unit or two terms that cannot be separated. Because, where there is a family there is education. When parents carry out their duties and responsibilities in educating children, at the same time children need education from their parents. The concept of family education from the perspective of Dr. Aisah Dahlan CH,t before starting a family, a potential life partner needs guidance. The first

clue is the Al-Qur'an, the second is al-Hadith regarding the attitude and attitude of the Prophet towards his wife, the third istida of the scholars by continuing to review previous research.

Aisah is a Minangkabau woman from Parimanan, West Sumatra. He is a prominent preacher who actively preaches, both through da'wah pulpits, webinars, social media, and writing in the form of books. One of the knowledge shared is a family secret that is *sakinah, mawaddah warahmah*. Dr. Aisah Dahlan stated that in realizing family education that is *sakinah, mawaddah, warahmah* and remains romantic in the afterlife and remains harmonious in the family, it is necessary to have a relationship that is lived with full of love, mutual understanding, mutual respect and mutual support (Dahlan, 2022). There are 3 (three) centers of education in the family, namely as follows:

### **1.1. Becoming a Civilized and Faithful**

Family Aisah Dahlan revealed that in order to create a family that is *sakinah, mawaddah, warahmah*, and romantic in the world and the hereafter, it is necessary to learn about *adab*. *Adab* is a norm or a rule regarding manners based on religious rules (Dahlan, 2022). This means that it is hoped that by learning manners, politeness and courtesy are maintained, and good and moral between each pair, such as father and mother, parents and children, children and children, or parents and parents. Here the role of parents is very important as the first religious teacher to educate, guide children with religious values and norms that apply.

All humans who are born into the world are like pearls that have not been measured and have not been shaped but are of great value. Therefore, and must be both parents who will carve and shape it into pearls of high quality and liked by everyone. According to al-Ghazali, children are a mandate from Allah SWT and must be cared for and educated to achieve excellence in life and get closer to Allah SWT (Taubah, 2015). As for faith, that is belief which is then justified by the heart, declared verbally, and practiced by deeds without the slightest doubt in the teachings that come from Allah through His messengers. Dr. Aisah Dahlan explained that by strengthening faith in the *Khaliq*, you will be blessed. Remain grateful for the strengths and weaknesses of your spouse, children, and others (Dahlan, 2022).

Parents who are civilized and have faith primarily have the responsibility and duty to educate their children's faith, until the child becomes an adult and until the end of his child's or his own life, the responsibility as a parent is not limited to meeting physical needs but also spiritual child. Since early childhood, parents must be able to carry out their duties in applying religious and moral values that apply, so that in the future the child is able to pass every challenge that is in front of him. Educating faith since childhood is the main and important thing that parents must do. Because faith is the basic attitude of obedience to life.

Efforts to form or foster a family that is *sakinah, mawaddah, warahmah*, and remains romantic is everyone's hope. A home atmosphere that brings comfort to every family member, understands each other, understands so as to form a harmonious family and in accordance with the guidance of Allah SWT, the couple in the family will get offspring who have good morals and strong faith.

### **1.2. Effective**

Communication Communication is the process of giving information or obtaining information from a person, group, organization and society. Communication is usually done verbally and can be understood by both parties who are communicating. From Dr. Aisah Dahlan revealed that in order to form a safe and secure family, it is necessary to maintain the

family through communication (Dahlan, 2022). Effective communication is when [messages received are well understood, comfortable, and when speaking to spouses, parents, and children, smile more and use good language and tone. He also explained that in giving a smile, it is not just any smile, but a smile that is sincere, genuine, and brings comfort.

A smile that brings comfort is a sincere smile that comes with a cheerful or happy mood, and there is a balance between the right and left corners of the lips. Dr. Aisah Dahlan added that the body will release happy hormones if it holds a smile with two equal corners of the lips for 7 (seven seconds). However, according to Aisah, if the condition or mood is not good, then there is nothing wrong with a half-hearted smile, because it is better to smile even half-heartedly than to not smile, especially to your spouse (Dahlan, 2022), and according to research the happy hormone can be stimulated by smiling, so just force yourself to smile.

As for communication that is ineffective or not going well, Dr. Aisah Dahlan said that it was natural because there were differences between men and women. These differences are like different ages, different characters, different talents, different cultures, and different expressions of the language of love. Then this difference must be homework (pr) for both, namely husband and wife, they must be willing and able to learn together to solve all problems that arise, and become role models for their children. Steps to do the right communication that is if a woman or girl speaks then look at her face, because the female brain is structured to react to people and faces. While boys don't really like staring at each other, because boys prefer to see things.

### **1.3. Applying the Language of Love**

The language of love is a language that is used by someone as a way of expressing affection or love within themselves. The language of love is also often used to communicate psychological needs within a person. There are five types of love languages, namely words of support (praise), quality time, physical touch, service, and gifts. This love language is like a battery in the human brain. Dr. Aisah Dahlan explained about the love battery theory from her teacher named Dr. Adi Gunawan, CCH that there are five batteries of love, and one's sense of security is directly proportional to the battery of love. The nature of this love battery is like a normal battery that needs to be charged or recharged every day, and if there is no recharge to a critical state, there will be behavioral deviations.

Each individual has their own main love language except for babies or early childhood, namely the five love languages need to be met every day. The way to determine someone's love language or oneself is to pay attention to the habits that stand out in daily activities. For example, when the first child has a habit of suddenly hugging while the second child often gives gifts, it is certain that the first child has a physical touch language of love, while the second child is a gift. At the end of the video Dr. Aisah Dahlan warned to be careful and not to let spouses and children get recharged of the love battery outside the family environment, because there are many cases of children or spouses feeling at home outside to the point where they may not return home.

## **CONCLUSION**

The concept of family education on you tube content lovers Dr. Aisah Dahlan CH,t interprets that family is the best place to carry out individual and social education of children (offspring). education in the family on content lovers Dr. Aisah Dahlan has 3 (three) keys to creating a sakinah, mawadah warahmah family, and a happy world-afterlife, namely:

education in making a family that is faithful and civilized, establishes effective communication, and applies the concept of battery theory of love as well as the language of love properly and correctly .

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