

THE INFLUENCE OF BEKEL BALL GAMES ON EARLY CHILDHOOD DEVELOPMENT

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Abstract. The bekel ball game is a traditional game. This game is useful for training motor movements in children. Thus, this study aims to determine the effect of bekel ball on children's development. This research uses qualitative and descriptive research methods. The data collection technique used was documentation. And the data analysis is reduction, classification, and verification. The results of this study are that the game of bekel ball can develop motoric, emotional, and social values in children.

Keywords: Play, Bekel Ball, Early Childhood.

INTRODUCTION

The game of bekel ball is a traditional game played by two or more people in turn. The tools used in this game consist of 2 types, namely balls and 6-10 bekel seeds made of metal or according to the player's agreement (Badariah et al., t.t., 2022). This game is also called a game of bekelan. Bekelan games were brought by the Dutch to Indonesia, and called bikkelspel. Actually this game originated in Ancient Greece and is called knuckelbones. Over time bekelan underwent many modifications, especially in Java, ranging from how to play, to the meaning of every element of the game that exists, especially the term. Philosophical meanings that are closely related to Javanese culture are instilled in the game (Fatimah et al., 2020).

The game of bekel or bekelan ball is done by throwing the ball with bekel seeds simultaneously, then the ball is caught after bouncing once on the floor. Next, the ball will be thrown back to take one seed and then immediately catch the ball before the ball falls a second time. Do these steps repeatedly until all the bekel seeds run out and can enter the next level. If the ball is not caught or the ball bounces several times, then the player is declared defeated.

Early childhood development is a process of physical, cognitive, emotional, and social growth and development that occurs in children from 0 to about 6 years of age. This stage is important to know so that we can understand child development and prepare various strategies to stimulate it, so that child development becomes optimal (Khaironi, 2018).

Motor development is the process of growth and development of a child's movement ability. Basically, this development develops in line with the maturity of the child's nerves and muscles. Thus, any movement as simple as anything, is the result of complex interaction patterns of various parts and systems in the body controlled by the brain. The purpose of this writing is so that parents understand and can increase their attention to children (Bulu Baan & Sri Rejeki, 2020). After being studied in theory, it can be concluded that children's motor needs to be trained in order to develop properly. Children's motor development is closely related to the physical and intellectual condition of children. Through this traditional game, it is hoped that teachers and parents can provide good assistance and create a pleasant atmosphere so that children can express feelings of pleasure and joy in a natural way, Children can express feelings of anger in a natural way (through words), Children can express feelings of fear in a natural way, Children can express feelings of sadness in a natural way. Through this traditional game, it is hoped that teachers and parents can provide good guidance and assistance to children so that children can regulate emotions and

express feelings in a socially acceptable way, Children are able to separate feelings from their actions, Children can live positive and appropriate social behavior (Nurfalah, Y., & Fauzia, W., 2020).

Bekelan games can train motor skills in children. This is because, in this game children will be asked to throw and catch bekel seeds and catch the ball thrown back. In addition to motor training, this game can also train emotional-focus on children, because when playing bekelan children must be able to focus so that the ball is not far bounced and can be held again. The game of bekel ball can have a variety of good impacts for the development of children of this age.

RESEARCH METHOD

Bogdan & Biklen, S. (1992: 21-22) explained that qualitative research is one of the research procedures that produces descriptive data in the form of speech or writing and the behavior of people observed, the qualitative approach is expected to be able to produce an in-depth description of speech, writing, and / or behavior that can be observed from an individual, community group, and / or certain organizations in a certain context setting that is studied from a complete point of view Comprehensive and holistic qualitative research aims to gain a general understanding of social reality from the perspective of participants, the understanding is not found first but obtained after conducting an analysis of Social reality that is the focus of research (rahmat, 2009). Furthermore, description research is a depiction designed to obtain information about status or symptoms regarding a particular population or area, or map facts based on a certain point of view (certain frame of mind at the time the research is conducted. Descriptive research methods are usually used to examine the status of a group of humans or objects, a set of conditions, a system of thought or a class of events in the present (K, 2017). The technique used is documentation technique. Documentation method, is a data collection technique by studying data that has been documented. From the origin of the word, documentation, i.e. documents, means written goods. Researchers use reduction, classification, and verification analysis. Data reduction is the process of selecting, paying attention to simplifying, abstracting and transforming rough data that arises from written records in the field and then classified, grouping data for verification or drawing conclusions.

RESULT AND DISCUSSION

Motor development is the development of controlling physical movements through coordinated activities of nerve centers, nerve veins, and muscles (Bulu Baan & Sri Rejeki, 2020). Motor development includes gross motor and fine motor development. Gross motor involves large muscles and fine motor involves small muscles. The movements made by children involve muscles and children at an early age are more likely to be active / prefer to move, prefer to experiment or practice, prefer to play both games that require a lot of energy and games that only show a little movement. Little or many movements carried out still involve muscles, so that motor development greatly supports other aspects of development (Sports et al., 2020). Traditional clan games affect children's fine motor skills in terms of fluency such as grasping seeds, bouncing and catching balls.

Emotional development is a child's sensitivity to understand the feelings of others when interacting in everyday life (Yanti Lubis et al., 2019). There are several aspects of emotional intelligence that arise during the game of bekel / bekelan including fostering relationships with indicators of social skills, leadership, and success of interpersonal relationships. Children show behavior that wants to invite friends to play together, share with friends, and cooperate with friends in a group. This is trained when children play bekelan in groups consisting of two children in a group. Children begin to feel happy when playing with other people or friends, and slowly children need others so that the game is more cheerful and fun.

Social development in early childhood is a form of maturity of children in interacting with people around them from the social relationships they do. In line with that, Harlock (1978) states that social development means the acquisition of the ability to behave in accordance with social demands. From that, it can be stated that social development can also mean the child's learning process in adjusting to group norms, morals, and traditions that are unified, communicate with each other and work together (Khadijah & JF, 2021). The development of social values that arise

when children play bekel ball includes children wanting to play together with peers, showing a tolerant attitude with peers when playing bekel ball games, being cooperative with friends and sharing with others (Nurfalah, Y., & Fauzia, W, 2020).

CONCLUSION

It can be concluded that the bekel ball game can affect development in early childhood, the development that arises includes the child's fine motor development in terms of fluency such as grasping seeds, bouncing and catching the ball, bekel ball games can also bring up children's emotional development, emotional intelligence that arises during bekel / bekelan ball games including fostering relationships with social skill indicators, leadership, and the success of interpersonal relationships. Children show behavior that wants to invite friends to play together, share with friends, and cooperate with friends in a group. Bekel ball games can also bring up children's social development, The development of social values that arise when children play bekel ball include children willing to play together with peers, showing a tolerant attitude with peers when playing bekel ball games, being cooperative with friends and sharing with others.

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