

PLAYING HIDE AND SEEK TO DEVELOP EMOTIONAL SOCIAL EARLY CHILDHOOD

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Abstract. Playing the hide and seek is one of the early childhood games. This game can develop the emotional social capability of early childhood. The purpose of this study to explain the early development of early childhood children at the game of the hide and seek. The research method used is qualitative-descriptive method. Technique of collecting data of this study observation of observation. Analysis of this research data using verification data analysis. The results of this study are the ability of social emotional children to have a positive change after applied game of the petak umpet. It can be seen from the post test results that increase the score obtained by each child. From the results of data analysis shows that the results obtained through the application of the hide and seek game goes well. Treatment of the time of the hide and seek is done repeated re-order for children to develop its social emotional ability. Child's social emotional ability include: can work with his friends who can be seen from the aspects willing to play with friends, happy when playing with friends and willing to help each other's friends.

Keywords: Playing hide and seek, developing the emergency social ability of early childhood.

INTRODUCTION

The game of the hide and seek is known as one of the legendary traditional games. Because the everyone must know how to play this game. Based on the information listed in the Greek papers, this hide and seek game is known since ancient times. One of the proof was the writing of the paper in the early twentieth century. That means, the game of hide and seek is there is already there for a long time. Although this game has been around since ancient times, there is no historical record that prey or mention early game this. In Indonesia alone, the game of hide and seek has been around since ancient times. This game is usually done along with friends (Andreas Supriyono, 2018).

The game of the hide and seek is one of the traditional games that often played children. The rule of this game is someone who is lost in the lottery role into his friends who are hiding while closing the eyes and counting to ten. The losing child in the lottery has to wait for his friends hiding. The benefit of the hide and seek game is to train child's memory, training the child's accuracy in playing, developing child cognitive ability, developing motor's ability children, developing child's emotional social skills with others, training child cooperation and giving joy to children (Nur Harahap Salamiyah dkk, 2022).

According to Sujiono, social skills are the ability to assess what happens in social situations, skills to understand and interpret correctly the activities and needs of children are grouped by play: ability to imagine a variety of actions that allow and choose one of them is most suitable. While emotions are the circumstances caused by certain situations (specifically), are usually associated with behavior that leads to something (approach) or avoidance to the residence of the behavior is

generally accompanied by an emerging expression, so others can know that someone is experiencing emotion (Walgito, 1980).

The emotional social development is very important where ability in someone's sense because of its relationship with the ability of children in establishing interaction with others. Especially when in school, children will do many interactions directly to teachers and their friends, so that it will stimulate its social emotional development (Bakken et al in Wulandari & Purwanta 2021). Social development over the first year covers two developments of social signs among peers, social style in Toddler's time associated with the history of attachment. The development of socialization behavior or ability of empathy children has started since the age of 12 months, when the baby reacts to the sadness of others, at the age of 0-12 months the baby can already show their sadness such as crying, reacting when asked. And at the age of 18-22 months the baby can try to entertain his sad friend, start sharing toys with others, children can show expression of fear.

The emotional social ability is the initial ability for children to communicate with the wider surrounding environment. The development of social emotional children is needed at the beginning of the school, because before entering the age of school children only know the family environment, therefore when the child enters the school age takes effort. Development of emotional social ability to make children can adjust to the new environment. All child skills should be developed through appropriate and fun learning, therefore the children's development is emphasized to learn sambil play, play while learning. Lots of games outside the house that can stimulate the child's emotional social development, one of which is the game of the hide and seek games. The benefits of the hide and seek games of them developing the social ability of the emotional offices of the game the child will be more agile and active, the child can explore the environment around, understand the rules of play, communicate with peers, cooperation, toleration and so on (Susianty Selaras Ndary dkk, 2018).

RESEARCH METHOD

Detailed descriptive qualitative, descriptive is a formulation of problems that guide research to explore or photograph the social situation to be thoroughly investigated, extensive and profound. According to Bogdan and Taylor quoted by Lexy.j. Adhey Leong, a qualitative approach is a procedure research that produces descriptive data tauaka written or oral words of people and behavior observed (Lexy J.Meleong, 2007). Qualitative research aims to gain a deep understanding of human and social issues. Data collection techniques are a way used in a study to collect data (Husnul Khatimah dan Restu Wibawa, 2017). Data collection techniques used with observation techniques. The type of observation used is participants, in this participant observation, researchers observed what the sample doctrine is the children to be studied and researchers go in the activity. Data analysis as an attempt to discover and organize the document systematically about the records, observation results, interviews and others to improve the researcher's understanding (Akhmad Rijali, 2018).

RESULT AND ANALYSIS

The structure of writing scientific articles is inactive parts of the preliminary to the conclusion. This paper will discuss the parts of the results and discussion in writing this article, especially about the reciprocity of the game of the hide and seek games pilot that can develop the emotional social ability for children. Attitude developed from the game of hide and seek : patient, responsibility and independent.

1.1 Patient

Patient is the act of restraining the things that want to do, refrain from emotions, and persist and not complain at a difficult time or experience the accident. Jamitka (201: 95) suggests that the game has a benefit of training the patience of children. In social life, necessary behavior acceptable all. Another acceptable behavior to develop certain social attitudes, the patient's attitude in the child must be accepted in the environment (Syukbertien Kariani Lumbu dan Eny Suprihatin, 2020). In the game of the hide and seek, the child is looking and finds all the players who need

patience. If you can not find all the players, the child must count back and repeat looking for the beginning. This game really trains the patience of children (Retnaningsih dkk, 2022). Therefore, with the frequent children of playing the hide and seek games then the emotional ability of patience will develop.

1.2 Responsibility

Azzerad argues that responsible behavior is the result of the exam and encouragement of the spirit of growth to grow, as well as to the acts that indicate independence (Dewi Wulandari, 2020). Attitude of responsibility has benefits that is with the attitude responsibility, someone will respected, trusted, and disguise others. With bold attitude acknowledging a mistake and want to change the action so that the child can face stronger and strong (Retno Ika Haryani dkk, 2019). Children must be used to do something that is responsible, including in the field of ability of the abiding of the habituation of one of which it can go through the play of the hide and seek. In playing the wrap of a hide and seek, the child who keeps having responsibility to search all the friends hiding until it can. If the child is not used to playing the hide and seek games, children tend to be reluctant to find for feeling overwhelmed for responsible responsibilities. On the basis of it, then during the playback of hide and seek, the child will get used to responsibility.

1.3 Independent

Independence is the ability to direct and control the self-feeling. In thinking and acting, responsible, has confidence, and discipline (Dewi Wulandari, 2020). Independence is a cumulative obtained attitude passed by a person experienced by a person in its development, which on the process toward independence, a person to learn to understand the various conditions and the situation in the social environment so as to take the right action in the face of all situations and conditions he experienced (Rika Sa'diyah, 2017).

According to Diane Trister Dogde. In Yamin and Sanan, independence early children can be seen from the budgeting of behavior and child abilities in physics confident, responsible, disciplined, cleverly, to share, control emotions. Furthermore Brewer also states that the independence of the childhood of the indicator of the indicator is the habituation of the physical, confident, responsible, disciplined, clever, and marketing, and willing to share and control emotions (Dewi Wulandari, 2020).

The game of the petak umpet is one game that can train children in independence. In playing the hide and seek, the player should not be cheating. The player is trying to follow the game rule, the player must focus and concentrate when playing although when keeping only a self and a disruption of surroundings. If children often play the pipout of hide and seek games. Then their independence will continue to nterlati and the full child of the child will be used to independent.

CONCLUSION

Activities which is in the game hide and seek is able to develop the child's emotional social ability age early. When children search and find all the players who are hiding, then will be practice and develop patience. Children who keeps the on duty looking for all friends who are hiding until it can which coach the attitude of responsibility. When the children play hide and seek both that hide and the guard, there is time he should focus and concentrate one is in, will develop an independence attitude. On the basis of this, then the child's emotional social ability age is the attitude of patience, responsibility and independence will develop in habit of the game of the hide and seek games.

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