

Children's Skills in The Storybook *"Bibo Can't Sleep"*

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Abstract

Children are an important period of age development, this period is often called the golden age. At the age of children, skills need to be developed and trained continuously so that they can develop as desired. This skill is the ability of a human being to complete a given task and complete it smoothly and quickly. The research method used is qualitative research with a type of document study research. Because this research uses document studies, researchers understand the contents of the story. This book tells the story of a child who cannot sleep due to the many mosquitoes that disturb his third ear. The results of this study found three skills contained in the story "Bibo Can't Sleep", namely: 1) children's skills in independence, children learn to be independent from an early age, 2) children's skills in time discipline, children learn to do things with the time that children have set, 3) children's skills to maintain cleanliness, train children to put things in their place.

Keywords: children, skills, storybooks

1. Introduction

Early childhood is a unique individual, each child has their own characteristics according to their age development. Stimulus in child development is very important, especially in the early age of children, which is often referred to as the golden age. The PA Law says every child has the right to grow and develop, learn in an education, play and so on. Each individual has different abilities (Nasution 2019).

Skills are important in a person's ability. Skills are an individual's ability to complete a given task. According to Zahri, skills are one of the abilities of each individual to carry out the given activities quickly and correctly, the scope of skills is very broad, including actions, thinking, listening, seeing, speaking and much more. A person's ability can be measured through his skills, be it skills in making something material or non-material (Nasihudi and Hariyadin 2021).

The ability that each child has in solving the problem is the child's skill. skills can include normal skills, intellectual skills and social skills. Some experts define skills as the ability of individuals to do something well and correctly, abilities can also help us to get something of quality. Skills can be further developed if individuals hone them with practice exercises whether it is done individually or in groups.

There are several kinds of children's skills, namely: 1) Basic literacy skills are the most basic skills that every child has, such as reading, listening, counting, and writing. 2) Technical skills, this skill is more technical that can be obtained through learning that field, such as learning digital tools, how to operate a computer. 3) Interpersonal skills are the ability to communicate, everyone must be able to communicate but this communication ability is more about everyone in listening to other people's opinions. 4) Problem solving is the ability of individuals to solve problems with logic (Haryowicaksono, 2022).

From the types of children's skills, it is ideally very important for us to know, basically many people mean that skills are only like communicating or basic literacy skills. Children's skills in this study focus more on problem solving, which in the book "Bibo can't sleep" bibo as the subject can become a sound sleep again. Skills in children can not develop if they are not honed continuously with exercises so that children can better master the skills they have. When we want to become skilled individuals, we also need to study diligently and practice to explore these skills and understand how to apply them. From some explanations, it can be seen that children's skills are very important to examine so that when knowing children have skills in the field of interest, they must be given exercises to make them more developed.

This research takes book research with the title of the book "Bibo Can't Sleep". This book was written by Widya Ross, this storybook is very important to examine a lot of children's skills contained in this story, one of which is children's independence. This independence can be proven through pictures of Bibo cleaning his own bedroom, cleaning his own bathroom without the help of his mother or father, and Bibo's other family.

In addition to independence Bibo also shows the value of cleanliness, he solves his own problems by finding something that causes him not to be able to sleep, this is evidenced by Bibo's words "Ahaa Bibo must clean up", after cleaning up Bibo can sleep well again. From that word, Bibo can solve his own problems without the help of others, where many children nowadays find it difficult to solve their own problems.

This book is very good to tell to children, the value contained in addition to independence, cleanliness there is also the value of discipline. In addition to the good story, the pictures in the story are also designed to be very interesting for children. Children's skills in this story are not all children have, especially children's independence from an early age. Skills like this must be instilled in children from an early age either through stories or giving examples.

2. Research Methods

This research uses a skinative research method with a type of document study research. Document study research is a study that focuses on analyzing or interpreting written materials such as articles, problems, story books or others like them (Abdussamad, 2021). This data analysis is carried out to determine the position, relationship and meaning between various concepts, programs, policies, events that exist or occur, benefits, results and impacts or other things. (Hardani et al., 2020) The object studied in this study is children's skills contained in the storybook "Bibo Can't Sleep" by Widya Ross. The data analysis used in this research is content analysis.

3. Results and Discussion

The implementation of the research was carried out in 3 stages, namely pretest, treatment, and posttest. The entire stage refers to the same basic competencies, namely the skill of writing news texts. The learning of news text writing skills using the STAD model with event image media was carried out in the first experimental class, namely class VIII F. The effectiveness of the application of the STAD model in the first experimental class can be seen based on the observation results and the results of the test of the difference between the two averages between the experimental class I and the control class. The observation results showed that the experimental class I was better than the control class. The test results of both classes can be seen in the following table.

Skill comes from the word skill, which means a person's ability is high for individuals to do this smoothly and precisely. (Haryowicaksono, 2022). Skills are always related to human expertise whether physical or mental abilities. Skills are different from behavior, often our people interpret skills as individual behavior. Skills can be used to control a person's behavior. Skills are closely related to individual success in carrying out activities. Teaching children skills from an early age is very important, especially about children's behavior so that children can be more independent, learn about discipline to train children when they grow up.

After the researchers analyzed the storybook "Bibo Can't Sleep", there are three children's skills contained in the story:

1. Children's skills in independent learning. In the story "Bibo Can't Sleep", Bibo is seen cleaning her own room without the help of her parents or her brother.



Independence in children can usually arise when parents always train them, children are taught to tidy up their own toys, eating alone is independence. Like the story "Bibo Can't Sleep" Bibo cleans his own room, it is an independence that children do, maybe if Bibo is lazy Bibo can tell his parents to do it. With independence skills, children do not always involve parents while children can complete it themselves.

2. Children's skills in time discipline. This skill can be learned from the story, namely:

"Aha! You know! You have to clean up. But I'm so sleepy. I think I'll do it tomorrow. I choose to sleep." (p 9)

From Bibo's words above, it can be concluded that Bibo postponed the time when she found out what caused her sleeplessness that night, so she chose to sleep and clean up in the morning. In the morning when Bibo woke up, Bibo cleaned up her bed as she had said that she would fix the reason why she couldn't sleep last night. This is in accordance with the words in the story, namely:

"The next day, Bibo cleaned the room". (p 11)

Time discipline is very necessary so that we always make good use of our time, we also have to do activities that must be completed according to the time we have kept according to Bibo's story if Bibo wants to clean it tomorrow and Bibo does it without delaying it.

3. Children's skills in maintaining cleanliness, in Bibo's story, children's skills in maintaining cleanliness are:

Bibo cleans the clothes that are hanging in her room, which is consistent with the picture of Bibo carrying clothes in a basket.



Putting dirty clothes on the floor is not good, it can cause mosquitoes to come and bother us while we sleep at night. Therefore, Bibo cleaned her dirty clothes in the room to wash them because she couldn't sleep all night with mosquitoes bothering her ears. This is in accordance with the quote in the story:

"Nging! Nging! Nging!"

"The rainy season has arrived. Many mosquitoes are on the loose. Their noise annoys Bibo"

"Was! Wis! Wus!"

"Uh! Bibo can't sleep. Bibo immediately went into action."

"Nging! Nging!"

"Bibo mumbled, sorted out no more mosquitoes"

But it wasn't what Bibo wanted as the mosquitoes came back again. (pp 3-7)

It is not only the rainy season that causes mosquitoes to come but maintaining cleanliness is very necessary, especially in our rooms that we always use to sleep. In addition to cleaning the hanging clothes Bibo also cleaned the bathroom according to the picture above, the bathroom is also a place for mosquitoes to grow, so Bibo cleaned the bathroom so that when Bibo took a bath there was no dirt in the water tub.

Bibo also closes the window in the afternoon, as mosquitoes often come when the window is not closed in the afternoon. In accordance with the story excerpt, that is:

"In the afternoon, Bibo closed all the windows" (p. 12)

Based on the storybook "Bibo Can't Sleep", researchers found three skills that are often applied in everyday life. Storybooks are very important to give to children, reading storybooks according to age. There are so many values contained in storybooks, one of which is this book, which describes children's skills from childhood and parents need to know to always train these skills for children.

4. Conclusion

Children's skills are the child's ability to solve problems, which can be in the form of the child's ability to perform activities smoothly. Skills are related to children's skills, and each individual has different skills.

Skills are not only about independence, discipline, and cleanliness, there are many more skills that can be in the form of children's social, children's language in speaking, children's art in developing their imagination and of course there are many other skills that everyone has. The skills found by researchers are three, namely independence, discipline and cleanliness. The storybook "Bibo Can't Sleep" is suitable to be told to children and apply the skills contained in the story to children.

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